

<u>Day & Date</u>	<u>Time</u>	<u>Miles</u>	<u>Start</u>	<u>Leaders</u>	<u>Telephone</u>
March					
Thursday 7	10:00	8.5	Abergavenny	Sheila	01452 831868
Thursday 14	10:00	8.5	Llangattock	John S	01594 531096
Sunday 17	10:00	9.5	Soudley	Ronnie	01594 845225
Thursday 21	10:00	9.0	Lower Lydbrook	Peter	01600 711558
Tuesday 26	10:00	5.0	Ellwood	Susan	01594 843389
Saturday 30	10:00	10.0	Chepstow	Ronnie	01594 845225
April					
Thursday 4	10:00	8.5	Hay-on-Wye	Alan & Barbara	01989 770976
Saturday 6	10:00	7.0	Monmouth	Iain	07788 803807
Sunday 14	10:00	10.0	Lower Redbrook	Ronnie	01594 845225
Thursday 18	10:00	6.0	Ross	Bruce	01452 760541
Sunday 21	10:00	11.0	Tretower	Malcolm & Sue	01594 531227
Wednesday 24	12:00	12.0	Buckingham Palace	Rog	01594 834136
Sunday 28	10:00	10.0	Ross on Wye	John & Derek	01452 790529-790532
May					
Wednesday 1	10:00	4.5	Redbrook	David P	01432 860208
Saturday 4	10:00	8.0	Parkend	Ronnie	01594 845225
Monday 6	10:00	5.0	Christchurch	Irene	01594 834811
Saturday 11	10:00	7.0	Hewelsfield	Susan	01594 843389
Thursday 16	10:00	6.5	Tredegar	Peter	01600 711558
Sunday 19	10:00	12.0	Monmouth	SteveJ	01594 826805
Wednesday 22	10:00	9.0	Prinknash	Sheila	01452 831868
Thursday 23	10:00	8.0	Woolastone	Cyril	01594 563650
Saturday 25	10:00	7.0	Redbrook	Iain	07788 803807
Wednesday 29	10:00	6.0	Newent	Roger	01452 830454
June					
Sunday 2	10:00	9.0	Leominster	Alan & Barbara	01989 770976
Thursday 6	10:00	11.0	Ross	Bruce	01452 760541
Sunday 9	10:00	8.5	Speech House	Rod	01594 563817
Thursday 13	10:00	11.0	Llanfrynach	Peter	01600 711558
Sunday 16	10:00	10.0	Goytre	Ronnie	01594 845225
Friday 21	7:00	4.0	Lydney	Susan	01594 843389
Sunday 23	10:00	8.0	Redbrook, Monmouth	Margaret	01594 530752
Tuesday 25	7:00	3.5	Tidenham Chase	Peter	01600 711558
Thursday 27	9:30	10.0	Monmouth	Iain	07788 803807
Sunday 30	10:00	10.0	Monmouth	Ronnie	01594 845225

FOREST of DEAN GROUP

PROGRAMME of WALKS & EVENTS

1 March to 30 June 2013

Chairman:	Alan Fisher	01989 770976
Secretary:	June Burden	01531 820354
Treasurer:	Rod Goodman	01594 563817
Membership Secretary:	Barbara Fisher	01989 770976
Footpath Secretary:	Sheila Constable	01452 831868
Walks Coordinator:	Henry Burden	01531 820354

Normal practice is for a coffee stop to be taken on all walks, but for walks in excess of 5 miles it is recommended that walkers bring a packed lunch with a drink unless otherwise stated.

Walkers are strongly advised to be equipped with stout footwear and waterproof clothing. In the interest and safety of individuals, Walk Leaders reserve the right to refuse to take any individual who is not adequately equipped.

The OS grid reference is shown for the start point of each walk. **Please note that the mileages and times quoted are only approximate.**

When on a walk, stay behind the Leader, or at least within sight. Ensure someone knows if for any reason you leave a walk. Newcomers are welcome to two events before joining the Ramblers Association. Details of how to join are available from the Membership Secretary.

If you have any queries about any event please Contact the Leader or Organizer.

DOG OWNERS. Members may bring their dog on any of the walks unless indicated otherwise in the programme. Owners are at all times responsible for their dogs, which must be kept under close control and not allowed to annoy other dogs, farm animals and wildlife and must not be a nuisance to walkers.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents may occasionally occur. It is important, therefore, that when entering into the activity, each member, (or participant), appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

PERSONS PARTICIPATING IN ANY GROUP ACTIVITY DO SO AT THEIR OWN RISK

This programme is also available online at <http://fodramblers.org.uk/programme/listing/>

We are part of "Ramblers". Registered Charity number 1093577

Thursday March 7 **SO282153** **OL13** **8.5 Miles**
 Time: 10:00 Meet: Lamb & Flag PH, Abergavenny (A40 1/2 mile past hospital), by kind permission
 To top of Sugar Loaf on east side via Deri. Views all the way but steady long steep climbs to top.
 A strenuous walk but on good paths. Picnic lunch. Drinks & food available in pub after walk.
 Leader: Sheila (01452 831868)

Thursday March 14 **SO212177** **OL13** **8.5 Miles**
 Time: 10:00 Meet: By playing field in Park Drive, opposite Horse Shoe Inn, Llangattock village. Monmouth & Brecon Canal, the Lonely Shepherd, Brynmawr Tramroad, and Craig y Cilau Nature Reserve.
 Co-leader Maurice (01594 835371)
 One steady climb, then generally level before final descent to village. Picnic lunch.
 Leader: John S (01594 531096)

Sunday March 17 **SO663116** **OL14** **9.5 Miles**
 Time: 10:00 Meet: Blaize Bailey Car Park, Sutton Bottom - Soudley Ponds
 To ramble around the three Soudley Circles - Lunch at Mallards Pike
 Moderate Picnic Lunch
 Leader: Ronnie (01594 845225)

Thursday March 21 **SO590175** **OL14** **9.0 Miles**
 Time: 10:00 Meet: Layby at old SCA Factory, Lower Lydbrook
 Walk via Welsh Bicknor, over Coppet Hill to Huntsham Bridge and returning via Yat Rock and English Bicknor. Picnic lunch
 Leader: Peter (01600 711558)

Tuesday March 26 **SO588086** **OL14** **5.0 Miles**
 Time: 10:00 Meet: Forestry Commission Dark Hill Car Park
 Palmers Flat and Nagshead Plantation Coffee Break only
 Leader: Susan (01594 843389)

Saturday March 30 **ST527972** **OL14** **10.0 Miles**
 Time: 10:00 Meet: Lower Wyndcliff Car Park
 A ramble to Chepstow and back via Tintern
 Moderate Picnic Lunch
 Leader: Ronnie (01594 845225)

Thursday April 4 **SO236351** **OL13** **8.5 Miles**
 Time: 10:00 Meet: Gospel Pass car park - limited, so car share
 Twmpa, Darren Lwyd, Capel-y-ffin and return by Nant Bwch.
 Strenuous. Some steep climbs and moorland walking Picnic lunch
 Leader: Alan & Barbara (01989 770976)

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- Thursday June 13** **SO075257** **OL12** **11.0 Miles**
 Time: 10:00 Meet: Llanfrynach. Park carefully in village
 Up Bryn Teg to Cribyn, across to Fan-y-Big and descend Cefn Cyff
 Strenuous, with a steep climb. Picnic lunch
 Leader: Peter (01600 711558)
- Sunday June 16** **SO312064** **OL13** **10.0 Miles**
 Time: 10:00 Meet: Goytre Wharf Pay and Display Car Park
 This delightful ramble combines Canal with Farmland and Mountains with the added perk of a
 stop for a drink at the Goose and Cuckoo!
 Moderate Picnic Lunch
 Leader: Ronnie (01594 845225)
- Friday June 21** **SO632019** **OL14** **4.0 Miles**
 Time: **7:00** Meet: Roadside, Mead Lane, Lydney
 Walk to celebrate the summer!
 Leader: Susan (01594 843389)
- Sunday June 23** **SO536099** **OL14** **8.0 Miles**
 Time: 10:00 Meet: Car park in Redbrook
 Field paths, woodland tracks, good views on a clear day. Walk 13 of Exploring Historic Dean.
 Strenuous. Hilly with some steep ascents and descents. Picnic lunch
 Leader: Margaret (01594 530752)
- Tuesday June 25** **ST559994** **OL14** **3.5 Miles**
 Time: **7:00** Meet: Tidenham Chase car park
 To Devil's Pulpit and return via Poor's Allotment
 An easy evening walk
 Leader: Peter (01600 711558)
- Thursday June 27** **SO518136** **OL14** **10.0 Miles**
 Time: **9:30** Meet: Dixton Church, Monmouth to arrange car share
 Alternatively meet at Cwmdy Church, off A479 about 5 miles past Crickhowell (map OL13 ref
 SO181238), 10am.
 A strenuous walk to Pen Gloch Y Pibwr, Pen Twyn Glas and Mynnydd Llysiau Picnic lunch
 Leader: Iain (07788 803807)
- Sunday June 30** **SO512130** **OL14** **10.0 Miles**
 Time: 10:00 Meet: Next to the Monmouth Sports Centre
 This Monmouth based ramble will follow the Offa's dyke path out town before we go looking for
 Troy (Mitchel) and then back to town
 Moderate Picnic lunch
 Leader: Ronnie (01594 845225)

- Saturday April 6** **SO477174** **OL14** **7.0 Miles**
 Time: 10:00 Meet: Tregate Bridge, St Maughans Green
 To Skenfrith and Pembridge. Castles and scenic riverside.
 Moderate with one steady climb Picnic lunch
 Leader: Iain (07788 803807)
- Sunday April 7** **SS502863** **EXP164**
 Time: **12:00** Meet: Oxwich Bay Hotel
 Our Spring break from the 7th to the 10th April offers some beautifully scenic walks. There are
 short walks on the first and last days and 2 full day walks between.
 Contact June (01531 820354) for bookings (Half Board).
- Sunday April 14** **SO536099** **OL14** **10.0 Miles**
 Time: 10:00 Meet: Lower Redbrook Car Park
 Ramble from Lower Redbrook - steepish climb to start with then leafy lanes and fields to
 Trellech and back
 Moderate Picnic Lunch
 Leader: Ronnie (01594 845225)
- Thursday April 18** **SO546294** **EXP189** **6.0 Miles**
 Time: 10:00 Meet: Roadside outside St Catherine church, Hoarwithy
 Walk from Hoarwithy, Carey and alongside river back to Hoarwithy
 Moderate Picnic lunch
 Leader: Bruce (01452 760541)
- Sunday April 21** **SO186211** **OL13** **11.0 Miles**
 Time: 10:00 Meet: Tretower Castle. Street Parking opposite castle entrance
 Circular Walk via Bwlch, Buckland, Cefn Moel and Cwmdy.
 Moderate Picnic lunch
 Leader: Malcolm & Sue (01594 531227)
- Wednesday April 24** **TQ292797** **OS173** **12.0 Miles**
 Time: **12:00** Meet: Victoria Statue
 The 2012 Olympic Marathon was run!! in laps, 11 miles adequately encompasses the entire
 course. this walk!! starts at the palace, through Embankment, the City to Tower Bridge, return
 via N or S bank via The Eye & many sights Megabus ret. from Gloucs - London 07.40-
 20.00. Pres. fare Â£10 ret.
 Flat Backpack or The Ritz
 Leader: Rog (01594 834136)
- Sunday April 28** **SO593240** **OL14** **10.0 Miles**
 Time: 10:00 Meet: Wilton Road Public Car Park
 Ross town, Chase Wood, Bulls Hill, Walford & return via Hom Green
 One steep climb out of Ross into Chase Wood & final section flat near River Wye Picnic Lunch
 Leader: John & Derek (01452 790529-790532)

Wednesday May 1 **SO539094** **OL14** **4.5 Miles**
 Time: 10:00 Meet: Redbrook Public Car Park
 Easy walk on tracks and lanes from Redbrook to Newland - coffee stop at Cathedral of the Forest, returning via Valley Brook and Highbury Woods
 Easy on tracks and lanes Coffee Stop only
 Leader: David P (01432 860208)

Wednesday May 1

Please submit your walks for the next programme NOW

Saturday May 4 **SO629095** **OL14** **8.0 Miles**
 Time: 10:00 Meet: New Fancy View Car Park
 On the May Fourth (May the Force be with you day) - we go in search of Bluebells in Blakeney Woods via Danby Lodge - Bring camera
 Moderate Picnic Lunch
 Leader: Ronnie (01594 845225)

Monday May 6 **SO567129** **OL14** **5.0 Miles**
 Time: 10:00 Meet: CP opposite Christchurch Camp Site
 A leisurely walk taking in part of the Highmeadow trail
 Easy with one gentle hill Coffee stop only
 Leader: Irene (01594 834811)

Saturday May 11 **SO564008** **OL14** **7.0 Miles**
 Time: 10:00 Meet: Layby (old rd) off B4228 South of Hewelsfield cross roads
 Route courtesy of Glos Wildlife Trust Leaflet. East Wood; Ashwell Grove; Devil's Pulpit; Oakhill Wood.
 Undulating and stoney along Offa's Dyke path Picnic Lunch
 Leader: Susan (01594 843389)

Thursday May 16 **SO119130** **OL13** **6.5 Miles**
 Time: 10:00 Meet: Trefil (turn R off A465 opp Tredegar), park near the Ty Uchaf / Top House pub
 Walk to the edge of the Crawnon Valley, then Garn Fawr cairn and Chartists' Cave. Bring torch if you want to go in cave.
 Fairly flat (you climb in the car) but some rough moorland.
 Moderate Picnic lunch
 Leader: Peter (01600 711558)

Sunday May 19 **SO509128** **OL14** **12.0 Miles**
 Time: 10:00 Meet: Public CP near Monmouth Boy's School
 Level walk along the Wye to Redbrook then a steady climb on Offas Dyke FP to the Kymin. Return down hill to Biblins and along the Welsh side of the Wye to Monmouth. Picnic lunch
 Leader: SteveJ (01594 826805)

Monday May 20

Final day for submission of walks for the next programme

Wednesday May 22 **SO884137** **EXP179** **9.0 Miles**
 Time: 10:00 Meet: Prinknash Abbey Shop CP (kind permission Abbey)
 To Painswick to meet up for mass picnic with all Glos Groups to celebrate the FP work of Tony Drake. Cotswold Way and Wysis Way plus some hills.
 Shorter walk option available contact leader.
 Moderate Picnic lunch and back for tea at Abbey Cafe
 Leader: Sheila (01452 831868)

Thursday May 23 **ST589993** **OL14** **8.0 Miles**
 Time: 10:00 Meet: Woolastone car park on A48 Lydney to Chepstow road
 Walk along river to Aylburton Common and Rookery Wood.
 Easy with gentle climb Picnic lunch
 Leader: Cyril (01594 563650)

Saturday May 25 **SO544108** **OL14** **7.0 Miles**
 Time: 10:00 Meet: Swanpool Old Rail Bridge, Upper Redbrook
 To The Kymin and Newland. A moderate walk with fabulous views.
 Moderate Picnic lunch
 Leader: Iain (07788 803807)

Wednesday May 29 **SO699253** **OL14** **6.0 Miles**
 Time: 10:00 Meet: Briery Hill Lane off B4221 150 yds from Kilcot Inn
 Briery Hill to the Oxenhall Canal and return via the site of disused Newent Coal Field
 Easy to moderate with one gentle hill Coffee stop only
 Leader: Roger (01452 830454)

Sunday June 2 **SO426649** **OL203 or EXP149** **9.0 Miles**
 Time: 10:00 Meet: Aymestrey Village hall.
 An exploration of the hills & valleys surrounding Croft Castle (NT), its parkland, ancient trees & hill fort with possible fine views.
 Some climbing but generally not too difficult. Picnic lunch, possible NT coffee shop break.
 Leader: Alan & Barbara (01989 770976)

Thursday June 6 **SO611306** **EXP189** **11.0 Miles**
 Time: 10:00 Meet: On roadside outside How Caple church, near How Caple Court
 Walk from How Caple to Kings Caple, Sellack, Baysham, Hole in the Wall
 Moderate Picnic lunch
 Leader: Bruce (01452 760541)

Sunday June 9 **SO624125** **OL14** **8.5 Miles**
 Time: 10:00 Meet: Speech House Woodlands Car Park
 The Beechenhurst Trail. One of Tony Drakes' legacies to walkers and my favourite walk in the Forest. Coffee stop at Cannop, picnic Lunch around halfway at Edge End and possible tea/coffee stop at Beechenhurst later. Walk leaflets will be available for those without one.
 One decent climb and descent but otherwise relatively easy
 Leader: Rod (01594 563817)