

<u>Day & Date</u>	<u>Time</u>	<u>Miles</u>	<u>Start</u>	<u>Leaders</u>	<u>Telephone</u>
July					
Sunday 3	10:00	9.0	Much Birch	Maurice	01594 835371
Thursday 7	10:00	17.0	Llanbedr	Mike I	01594 562341
Sunday 10	10:00	10.0	Newent	Ronnie	01594 845225
Tuesday 12	10:00	8.5	Chepstow	Pete and John	01594 -826356/826356
Sunday 17	10:00	7.5	Stroud	John & Derek	01452-790529/790532
Tuesday 19	7:00	4.0	Yorkley	JackieH	01594 564417
Wednesday 20	2:00	5.0	Cinderford	Ronnie	01594 845225
Sunday 24	10:00	11.0	Llangynidr	Jenny	07455 257262
Wednesday 27	10:00	5.0	Speech House	Ronnie	01594 845225
Sunday 31	10:00	5.0	Drybrook	Ronnie	01594 845225
August					
Tuesday 2	10:00	9.0	Fochriw	John S	01594 531096
Saturday 6	10:00	10.0	Libanus	Jenny	07455 257262
Sunday 7	10:00	9.0	Andoversford	Roy & Anne	01242 245488
Tuesday 9	10:00	10.0	Brecon	Mike I	01594 562341
Wednesday 10	10:00	5.0	Speech House	Ronnie	01594 845225
Sunday 14	10:00	12.5	Kenfig	Lynn and Philip	01291 689954
Tuesday 16	10:00	10.1	Kemerton	Peter	01600 711558
Sunday 21	10:00	10.0	Bourton on the Water	SteveJ	01594 826805
Tuesday 23	10:00	9.0	Redbook	Iain	07788 803807
Thursday 25	2:00	5.0	Parkend	Ronnie	01594 845225
Sunday 28	10:00	10.0	Huntley	Ronnie	01594 845225
September					
Friday 2	7:30	6.0	Mallards Pike	JackieH	01594 564417
Sunday 4	10:00	8.7	Haw Bridge	John & Derek	01452 790529-
790532					
Wednesday 7	10:00	6.5	Cheptow	Pete and John	01594 826356/826356
Sunday 11	10:00	10.0	Chepstow	Ronnie	01594 845225
Wednesday 14	10:00	5.0	Lydney	Ronnie	01594 845225
Sunday 18	10:00	10.0	Brecon or Merthyr Tydfil	Jenny	07455 257262
Tuesday 20	10:30	10.5	Weeton Under Penyard	Iain	07788 803807
Thursday 22	10:00	8.0	Whitchurch	Iain	01594 860904
Sunday 25	10:00	10.0	Garway	Alan & Barbara	01989 770976
Tuesday 27	10:10	12.5	Glyntawe	Mike I	01594 562341
October					
Sunday 2	10:00	9.0	Painswick	Roy & Anne	01242 245488
Thursday 6	10:00	9.0	Abergavenny	Iain	07788 803807
Sunday 9	10:00	12.0	Tibberton	Ronnie	01594 845225
Tuesday 11	10:00	10.0	Weston-under-Penyard	JackieH	01594 564417
Sunday 16	10:00	9.0	Mork	Lynn and Philip	01291 689954
Tuesday 18	10:00	9.0	Machen, Caerphilly	Sue S	01594 531227
Sunday 23	9:30	11.0	Grosmont	Jenny	07455 257262
Tuesday 25	10:00	10.5	Pengenffordd	Mike I	01594 562341
Saturday 29	10:00	5.0	Cinderford	Ronnie	01594 845225



FOREST of DEAN GROUP
PROGRAMME of WALKS & EVENTS
1st July to 31st October 2016

Chairman:	Peter Robbins	+++++
Secretary:	Jackie Huck	01594 564417
Treasurer:	David Pollard	01432 860208
Membership Secretary:	Babs Jones	01989 770520
Footpath Secretary:	Vacant	+++++
Walks Coordinator:	Maurice Cullis	01594 835371

Normal practice is for a coffee stop to be taken on all walks, but for walks in excess of 5 miles it is recommended that walkers bring a packed lunch with a drink unless otherwise stated.

Walkers are strongly advised to be equipped with stout footwear and waterproof clothing. In the interest and safety of individuals, Walk Leaders reserve the right to refuse to take any individual who is not adequately equipped.

The OS grid reference is shown for the start point of each walk. **Please note that the mileages and times quoted are only approximate.**

When on a walk, stay behind the Leader, or at least within sight. Ensure someone knows if for any reason you leave a walk. Newcomers are welcome to two events before joining the Ramblers Association. Details of how to join are available from the Membership Secretary. If you have any queries about any event please Contact the Leader or Organizer.

DOG OWNERS. Members may bring their dog on any of the walks unless indicated otherwise in the programme. Owners are at all times responsible for their dogs, which must be kept under close control and not allowed to annoy other dogs, farm animals and wildlife and must not be a nuisance to walkers.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents may occasionally occur. It is important, therefore, that when entering into the activity, each member, (or participant), appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise

PERSONS PARTICIPATING IN ANY GROUP ACTIVITY DO SO AT THEIR OWN RISK

Participants are advised to take out their own insurance to cover personal injury if they require this cover

This programme is also available online at <http://fodramblers.org.uk/programme/listing/>
 We are part of "Ramblers". Registered Charity number 1093577

- Sunday July 3** **SO515292** **Explorer 189** **9.0 Miles**
 Time: 10:00 Meet: Layby on A49 at Llandinabo near Lastett Lane (Hoarwithy turn)
 Walk to Orcop Hill, Mynde Pack, St John the Baptist Church (Llanwarne) and Wormelow Tump. Moderate Picnic Lunch Leader: Maurice (01594 835371)
- Thursday July 7** **SO239203** **OL13** **17.0 Miles**
 Time: 10:00 Meet: Llanbedr Church
 The anti-clockwise version of this classic route via Crug Mawr, Pen y Gadair Fawr, Waun Fach, Pen Allt Mawr, Pen Cerrig Calch and Crug Hywel (Table Mountain)
 Moderate Picnic Leader: Mike I (01594 562341)
- Sunday July 10** **SO722260** **OL14** **10.0 Miles**
 Time: 10:00 Meet: Broad Street Car Park, Newent
 A ramble from Newent via Clifford Mesne to the top of May Hill and return.
 Moderate Picnic Lunch Leader: Ronnie (01594 845225)
- Tuesday July 12** **ST538949** **OL 14** **8.5 Miles**
 Time: 10:00 Meet: Mopla Rd, Tutshill (off the B4228)
 Walk Offer's Dyke to the Devils Pulpit, Miss Graces Lane and Glos Way. Joint walk with John Whitney (01594 822803)
 Moderate Picnic Lunch Leader: Pete and John (01594 826356/826356)
- Sunday July 17** **SO832086** **Exp 179** **7.5 Miles**
 Time: 10:00 Meet: Shortwood NT Car Park
 Cotswold Way , Edge Common, Resthaven, Pitchcombe Wood & Standish Wood
 Moderate Packed Lunch Leader: John & Derek (01452 790529-790532)
- Tuesday July 19** **SO642069** **OL14** **4.0 Miles**
 Time: **7:00** Meet: Nags Head, Yorkley (park along road NOT on gravel car park opposite the pub)
 A lovely evening stroll through the woods to work up a thirst for an optional pint at the Nags Head afterwards. No planned refreshment stop en route but carry some fluids
 Easy Leader: JackieH (01594 564417)
- Wednesday July 20** **SO612134** **OL14** **5.0 Miles**
 Time: **2:00** Meet: Speculation Car Park
 A ramble from Speculation taking in Crabtree Hill, an afternoon in the woods
 Moderate Afternoon tea stop Leader: Ronnie (01594 845225)
- Sunday July 24** **SO155195** **OL13** **11.0 Miles**
 Time: 10:00 Meet: Llangynidr free car park opposite village hall public toilets
 We climb to moorland areas of swallow, shake and pot holes to visit Ogof Fawr (Chartist Cave) with panoramic views of the Brecon Beacons and Black Mountains before descending to return via a short stretch of canal. Overall elevation gain 1,600 feet but my knees remained happy!
 Moderate Picnic lunch Leader: Jenny (07455 257262)

- Sunday October 23** **SO405244** **OL13** **11.0 Miles**
 Time: **9:30** Meet: Grosmont by Angel Inn. Park in street. Free public toilets.
 Through meadows then climbing the Graig Syfyreddin through forest paths to the Trig point on Edmunds Tump. Panoramic views over the Brecon Beacons. Picnic lunch. Returning via Dawn of Day with a look at the 11th century Grosmont Castle, the ancient towers, moat and drawbridge.
 Moderate Picnic Leader: Jenny (07455 257262)
- Tuesday October 25** **SO174297** **OL13** **10.5 Miles**
 Time: 10:00 Meet: Dragon's Back Inn, Pengefordd (charge £2 per car)
 We head northwards along a low level route to Rhiw Wen which we ascend on a sustained but moderate gradient. Return over Rhos Dirion and finally descend the spectacular Dragon's Back. A good value route with potential for wonderful views to be taken at moderate pace.
 Moderate Picnic Leader: Mike I (01594 562341)
- Saturday October 29** **SO649127** **OL/14** **5.0 Miles**
 Time: 10:00 Meet: Linear Park Car Park
 A Linear Park ramble - walk through the forest to the fishing ponds at the end of Linear Park then walk in a near straight line back to the Car Park.
 Moderate Coffee stop only. Leader: Ronnie (01594 845225)

REMINDER FRIDAY 4 NOVEMBER FOD AGM AT COLEFORD CATHOLIC HALL
7pm FOR 7.30pm

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Sunday August 14 **SS802811** **Landranger 170 12.5 Miles**
 Time: 10:00 Meet: Kenfig car park
 This is a lovely, if long, amble near and on the coast. Some parts can be muddy if we're unlucky enough to have had rain beforehand.
 We will pass a buried village and the remains of a castle, sand dunes and beaches. We might even be able to get icecreams at Rest Bay - queues and weather permitting.
 Moderate Bring a picnic lunch and lots to drink. Leader: Lynn and Philip (01291 689954)

Tuesday August 16 **SO946368** **EXP190 10.1 Miles**
 Time: 10:00 Meet: roadside by Kemerton Church
 ascend to Bredon Hill ridge, walk around it to Ashton and return by flat paths
 Leisurely Picnic lunch Leader: Peter (01600 711558)

Sunday August 21 **SP192215** **163 10.0 Miles**
 Time: 10:00 Meet: Wych Rissington by church.
 Walk to Church Westcote, Bledington, Icomb and back to Wych Rissington.
 Moderate Picnic lunch Leader: SteveJ (01594 826805)

Tuesday August 23 **SO536099** **OL14 9.0 Miles**
 Time: 10:00 Meet: Redbrook car park (fee)
 Walk to Whitebrook, The Narth, Trelleck, Trelleck Common, Pwllplythin and Upper Hael Wood. dogs welcome.
 Moderate Picnic lunch Leader: Iain (07788 803807)

Thursday August 25 **SO614080** **OL/14 5.0 Miles**
 Time: **2:00** Meet: Near to the Parkend Cricket Pitch
 A ramble around the Whitmead Leisure Park across the railway tracks and afternoon tea stop at Parkend Church.
 Moderate Afternoon tea stop only Leader: Ronnie (01594 845225)

Sunday August 28 **SO714196** **OL/14 10.0 Miles**
 Time: 10:00 Meet: Huntley Church
 A ramble to the top of May Hill by picking up the Wysis Way at Tibberton
 Moderate Picnic lunch Leader: Ronnie (01594 845225)

Friday September 2 **SO638088** **OL14 6.0 Miles**
 Time: **7:30** Meet: opposite entrance to Mallards Pike
 Sunsets at 7.52pm which gives us time to get used to walking in the dark. Good head or hand torches with spare batteries ESSENTIAL. Easy going walking to spot wildlife. Come and share the adventure which will end with a bring and share Midnight Feast.
 Moderate Drink and food to share at the end of the walk Leader: JackieH (01594 564417)

Sunday September 4 **SO853275** **Exp.179 8.7 Miles**
 Time: 10:00 Meet: Layby on B4213 opposite turning to Wainlodes
 Walk to Coome Hill canal & Nature Reserve, Deerhurst Walton, Deerhurst Church, ,Odda's Chapel, Severn Way, Apperley & Court
 Moderate Packed Lunch Leader: John & Derek (01452 790529-790532)

Wednesday September 7 **ST536947** **OL 14 6.5 Miles**
 Time: 10:00 Meet: Mopla Rd, Tutshill.
 Walk Glos way, Dayhouse Quarry, Sedbury and Offer's Dyke. Joint walk with John Whitney (01594 822803).
 Moderate Picnic Lunch. Leader: Pete and John (01594 826356/826356)

Friday September 9 **Reminder**
Only 30 days till I close the next walks programme, time to get your walks in now.

Sunday September 11 **ST533919** **OL/14 10.0 Miles**
 Time: 10:00 Meet: Layby on the Chepstow Link Road (A466)
 A ramble across the Old Severn Bridge (Opened early in Sept 1966), no toll money required - we'll walk back across it. Or Chepstow to Aust without swimming the River Severn
 Moderate Picnic lunch in Aust Leader: Ronnie (01594 845225)

Wednesday September 14 **SO646013** **OL/14 5.0 Miles**
 Time: 10:00 Meet: Lydney Docks
 A ramble down river to view the Wind Turbine and return.
 Moderate Coffee stop only Leader: Ronnie (01594 845225)

Sunday September 18 **SN988181** **OL12 10.0 Miles**
 Time: 10:00 Meet: A470 then turn onto A4059 Hirwaun Rd, reservoir car park 50m on right
 Leisurely climb at own pace to summit of Fan Fawr (peak overlooking Pen y Fan), then undulating off-path to the Rhos Dringarth waterfall and back via the Beacons Way and the Taff Trail. Fabulous views and NOT a knee killer! Will change to a low level forest walk in the area IF high winds or inclement weather again.
 Moderate Picnic lunch Leader: Jenny (07455 257262)

Tuesday September 20 **SO632233** **OL 14 10.5 Miles**
 Time: **10:30** Meet: Weston Under Penyard Church
 Walk to Pontshill, East Dean, Wigpool Common, Lea Bailey and Dancing Green. Dogs welcome. NOTE LATER START TIME.
 Moderate Picnic lunch Leader: Iain (07788 803807)

Thursday September 22 **SO549176** **OL14 8.0 Miles**
 Time: 10:00 Meet: Clock Tower in Whitchurch, Next to dual carriageway
 Walk alongside the Wye to Biblins and beyond, climb up through woodland to ancient camp site, then past King Arthur's Cave and finally descend to Whitchurch.
 Moderate Picnic lunch Leader: Ian (01594 860904)

Sunday September 25 **SO419256** **EX189 10.0 Miles**
 Time: 10:00 Meet: Kentchurch church CP
 Follow Herefordshire Trail, cut across to Marlas Mill and rejoin HT to Garway Hill. Drop down to White Rocks and return.
 Moderate Picnic lunch Leader: Alan & Barbara (01989770976)

Tuesday September 27	SN849171	OL12	12.5 Miles
Time: 10:10 Meet: Tafarn y Garreg Park in the minor road alongside the pub, not the pub CP on the opposite side of the road. We follow the Beacons Way to Llyn y Fan Fach. Having circled the lake we ascend the ridge and return along Fan Hir.			
Strenuous	Picnic	Leader: Mike I (01594 562341)	
Sunday October 2	SO832086	OS 179	9.0 Miles
Time: 10:00 Meet: Shortwood CP Walk to Bird in Hand, Scottsquar Hill, Pitchcombe Church, Whiteshill, Randswick, Townsend, Far Westrip, Cotswold Way.			
Moderate	Picnic Lunch	Leader: Roy & Anne (01242 245488)	
Thursday October 6	SO312164	OL 13	9.0 Miles
Time: 10:00 Meet: Liantilio Pertholey Church Walk to Deri Ridge, Maesmawr, Bryn Arw and Pantygelli. Dogs welcome.			
Strenuous	Picnic lunch	Leader: Iain (07788 803807)	
Sunday October 9	REMINDER		
Today I will be closing the walks programme, so this is your last chance to put a walk on.			
Sunday October 9	SO772222	OL/14	12.0 Miles
Time: 10:00 Meet: Barbers Bridge Layby Tibberton The end of summer ramble this year will take the Wysis Way into Gloucester, snack time on the old bridge followed by a late lunch at Ministerworth Church then back to Tibberton.			
Moderate	Bring 2 picnic lunches	Leader: Ronnie (01594 845225).	
Tuesday October 11	SO632235	OL189	10.0 Miles
Time: 10:00 Meet: Weston-under-Penyard. Please park considerately in the village An exploration of Penyard Park and Chase Wood using a mix of trails, footpaths and some lane walking. Several modest ascents and descents taken at a pace to suit all.			
Moderate	Coffee and BPL	Leader: JackieH (01594 564417)	
Sunday October 16	SO543055	OL14	9.0 Miles
Time: 10:00 Meet: Bigsweir woods car park: from Bigsweir short way uphill on Mork road -on left A walk through the Wye valley from Mork to Redbrook and then on to Newland. Lovely valleys, woods and views - and there should be some good autumn colour.			
Moderate	Bring a picnic lunch.	Leader: Lynn and Philip (01291 689954)	
Tuesday October 18	ST214890	Exp 152	9.0 Miles
Time: 10:00 Meet: Machen Recreation Ground This is a lovely circular walk around the lower Rhymney Valley, walking along the river and through woodland. It is fairly flat with a couple of short sharp climbs.			
Leisurely	Picnic Lunch	Leader: Sue S (01594 531227)	

Wednesday July 27	SO623124	OL/14	5.0 Miles
Time: 10:00 Meet: Woodlands Car Park, near Speech House A short ramble to Beechenhurst and round to Speculation and back via Crabtree Hill, and Woorgreen lake.			
Moderate	Morning Coffee stop	Leader: Ronnie (01594 845225)	
Sunday July 31	SO655180	OL/14	5.0 Miles
Time: 10:00 Meet: Stenders layby Exploring the dean - Short version of Walk 11 - in search of a Gold Mine			
Moderate	Coffee morning stop	Leader: Ronnie (01594 845225)	
Tuesday August 2	SO113035	Ex 166	9.0 Miles
Time: 10:00 Meet: Parc Cwm Darran Visitor Centre (charge) Take A469 (towards Bargoed) off A465; after approx. 3 miles turn right, following brown signs for another 3 miles to car park. A walk along ridges on both sides of the Darran valley, with good views and much of historic interest. Joint walk with Maurice (01594 835371).			
Moderate	Lunch	Leader: John S (01594 531096)	
Saturday August 6	SN989249	OL12	10.0 Miles
Time: 10:00 Meet: 1st Layby on left after Libanus A470 (From Brecon direction before Storey Arms) Leisurely climb via Pen Milan, lunch at the Cwm, option to reach summit of Pen y Fan via shoulder of Corn Du, and back via waterfalls. Fabulous views and the gentler more scenic route to enjoy these mountain views. Another kind to knees walk!			
Moderate	Picnic lunch	Leader: Jenny (07455 257262)	
Sunday August 7	SP033218	OL 45	9.0 Miles
Time: 10:00 Meet: Sevenhampton church. Park in road near church (not village only). Walk Puckham Scubs, Wardens Wood, West Down, Cleeve Common, Woodlands Farm, Whittington.			
Moderate	Picnic Lunch.	Leader: Roy & Anne (01242 245488)	
Tuesday August 9	SO024248	OL12	10.0 Miles
Time: 10:00 Meet: Cwm Gwdi Car Park We ascend the ridge of Cefn Cyff to Fan y Big then over Cribyn to ascend Pen y Fan, descending via Cefn Cwm Llwh.			
Strenuous	Picnic	Leader: Mike I (01594 562341)	
Wednesday August 10	SO628095	OL/14	5.0 Miles
Time: 10:00 Meet: New Fancy View Car Park A ramble through the forest to end of the Awre Glow and back via Mallard's Pike.			
Moderate	Morning Coffee stop only	Leader: Ronnie (01594 845225)	